

OAKDALE FIELD HOCKEY CAMP



Sponsored by Oakdale
Athletics Boosters

June 9-12, 2025

Oakdale High School
5850 Eaglehead Drive
Ijamsville, Maryland 21754

These materials are neither sponsored by nor endorsed by the Board of Education of Frederick County, FCPS, the superintendent, or this school.

Oakdale Field Hockey Camp

Why this camp is for you....

Campers will be taught fundamental hockey skills through drills, games and strategy sessions. The experienced staff will provide top quality instruction for all players regardless of ability or experience. ALL skill levels are welcome! Groups will be divided by skill level and age groups.

Dates: June 9-12, 2025

Location: Oakdale High School, Main Stadium

Who can attend: Entering Kindergarten - Fall 2025 Freshman

Hours: 6-8m

NO CONFIRMATIONS SENT ONLY DENIALS

Oakdale Field Hockey Camp is not a licensed child care provider.

Proceeds from the camp/clinic may be used to pay coaches.

FOR MORE INFORMATION
Sherry41684@gmail.com

ABOUT CAMP DIRECTORS

Director: Sherry Morres has coached field hockey at various levels from clinics to High School. She joined the Oakdale coaching staffing the fall of 2021 as the JV co-coach. She has been the Varsity field hockey coach at Oakdale High School since the 2022 season. The team recently celebrated their second regional title in school history in the 2023.

Co – Director: Ashley Raiford has been coaching various levels of field hockey for the past 10 years for the Linganore, Oakdale, Urbana Youth Athletic Association (LOUYAA). In the fall of 2021 Ashley took over as the LOUYAA Field Hockey Commissioner as well as the co-coach JV position at Oakdale High School. Ashley is looking forward to continue as Head JV coach for the fall 2025 season.

Co – Director: Kara Rymon played field hockey at Kennett High School in Kennett Square, PA. Kara was consistently voted All County 1st and 2nd team for both field hockey and lacrosse during her high school career. She went on the play Division III lacrosse at Susquehanna University in Selinsgrove, PA. Kara has coached field hockey since 2013 for all different levels and ages. In the 2022-2023 school year, Kara joined the Oakdale High School Field Hockey coaching staff.

GENERAL INFORMATION

All participants will receive a camp t-shirt

Ages: Entering Kindergarten - Fall 2025 Freshman

Dates: June 9-12, 2025

Hours: 6pm- 8pm

Location: Oakdale High School
5850 Eaglehead Drive
Ijamsville, MD 21754
(Main Stadium)

What to Bring:

All players should bring a mouthguard, shin guards, stick, and a water bottle. If you do not have a stick one will be provided.

COST: \$100

Online Registration:

<https://www.bearsathleticcamps.com>

OR

MAKE CHECKS PAYABLE TO:

Oakdale Athletics Boosters - Girls Field Hockey

Attn: Sherry Morres

Oakdale Athletics Boosters - Girls Field Hockey Camp

5850 Eaglehead Drive

Ijamsville, MD 21754

REGISTRATION FORM

Players Name: _____

Age: _____

Address: _____

Home Phone: _____

Emergency Phone: _____

Health Concern: _____

School: _____

Grade (Fall 2025): _____

Email: _____

SHIRT SIZE (circle one shirt size):

Adult: LG M S Youth: LG M S

By Signing Below:

I agree that in case of an accident involving my child while attending this camp and with full awareness that field hockey is an activity that may involve risk or injury, I release the Oakdale Field Hockey Camp, Oakdale Athletics Boosters, directors, employees and servants from any and all liability. In case of an emergency, I give permission to the appropriate field hockey camp personnel to properly transport my child to a medical facility for care. I understand that the Field Hockey Camp DOES NOT provide medical expenses incurred.

Parent/Guardian Signature